

October 2017



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

*ROM Activities:(G)
Sunday to Friday
9:15a.m. & 2:00 p.m.

*Tuck Shop (G)
Tuesdays
11:30- 12:00

Movie -G Daily
1:00 p.m.
Quiet Room -G
Daily 1:30 p.m.

*Exercise:(B)
Monday to Saturday
10:00

1 10:30 Lutheran Service with communion, Dean I. A. Gaide & Rev. Dr. A. Gaide-G
2:30 Walking Club-B
3:00 Bingo -B
3:00 Sensory Fun-G

2 11:00 Aroma Therapy & Eye Glass Cleaning-G
2:30 Reading & Discussion in English-302
3:00 Latvian News-G
6:00 Bingo - B

3 11:00 Singing-G
2:00 Walking Club-B
2:30 Hand Spa-G
3:00 Bingo-B
6:00 Relaxation Hour-G

4 11:00 Dace's Hour-G
2:30 Balance Session-B
3:00 Reading & Tea-G
6:00 Fruit & Tea Cart -G

5 10:30 Outing to LCCC
11:00 Music Therapy-G
2:00 Art Club-G
2:30 Hand Spa -G
3:00 Coffee Hour-G

6 11:00 Music Video-G
1:30 Gourmet Club-B
3:00 Happy Hour-G
6:00 Bingo - B

7 11:00 Jennifer's Hour-G
2:30 Balance Session-B
3:00 Sensory Fun-G
3:00 Bingo-B

8 11:00 Coffee Cart & Art Club-G
2:30 Sensory Fun-G
3:00 Bingo-B

9 Thanksgiving Day
11:00 Aroma Therapy & Eye Glass Cleaning-G
2:00 Lutheran Service with Dean I. Gaide & Rev. Dr. A. Gaide -G
3:00 Thanksgiving Social

10 11:00 Sarah's Hour-G
2:30 Walking Club-B
3:00 Bingo - B
6:00 Relaxation Hour -G

11 11:00 Morning Prayers with Dean Kristbergs -G
2:30 Balance Session-B
3:00 Reading & Tea- G
6:00 Fruit & Tea Cart -G

12 10:30 Outing - LCCC
11:00 Music Therapy-G
2:30 Hand Spa - G
3:00 Coffee Hour-G
6:00 Bingo- B

13 10:30 Lutheran Service with Dean I. Kuplena-Ewart -G
1:30 Gourmet Club-B
3:00 Happy Hour-G
6:00 Bingo - B

14 11:00 Inguna's Hour-G
2:30 Balance Session-B
3:00 Bingo-B

15 11:00 Coffee Cart & Art Club- G
2:30 Sensory Fun-G
3:00 Grape Tasting-G

16 11:00 Aroma Therapy & Eye Glass Cleaning-G
1:30 - Men's Golden Hour-B
2:30 Reading & Tea in English-302
3:00 Latvian News - G
6:00 Bingo-B

17 11:00 Singing-G
2:00 Walking Club-B
2:30 Hand Spa-G
3:00 Bingo-B
6:00 Relaxation Hour -G

18 11:00 Dace's Hour-G
1:30 Mudite's Cookbook Project-B
2:30 Balance Session-B
3:00 Reading & Tea-G
6:00 Fruit & Tea Cart - G

19 10:45 Outing to LCCC
11:00 Music Therapy-G
2:30 Hand Spa -G
3:00 Chat with Halya -G
6:00 Bingo-B

20 11:00 Jennifer's Hour-G
1:30 Gourmet Club -B
3:00 Happy Hour-G
6:00 Bingo - B

21 10:30 Lutheran Service with Dean I. Gaide & Rev. Dr. A. Gaide
2:30 Balance Session-B
3:00 Sensory Fun-G
3:00 Bingo-B

22 11:00 Coffee Cart & Art Club - G
12:00 Oktoberfest
3:00 Sensory Fun-G

23 11:00 Aroma Therapy & Eye Glass Cleaning-G
2:30 Reading & Tea in English-302
3:00 Latvian News-G
6:00 Bingo -B

24 11:00 Singing -G
2:00 Walking Club-B
2:30 Hand Spa-G
3:00 Bingo-B
6:00 Relaxation Hour -G

25 11:00- Morning Prayers with Dean Kristbergs - G
2:00 Dzivais Vards ar Intu Purvu-G
3:00 Social-G
6:00 Fruit & Tea Cart -G

26 10:45 Outing to LCCC
11:00 Music Therapy- G
2:30 Hand Spa-G
3:00 Coffee Hour-G
6:00 Bingo - B

27 11:00 Birthday Celebration-G
1:30 Gourmet Club -B
3:00 Happy Hour -B
6:00 Bingo -302

28 FALL YARD CLEAN UP
10:30 Lutheran Service with communion, Dean I. Kuplena- Ewart-G
2:00 Sensory Fun-G
3:00 Bingo-B

29 11:00 Coffee Cart & Art Club- G
3:00 October Birthday celebration with family & friends-B

30 11:00 Aroma Therapy & Eye Glass Cleaning-G
2:30 - Reading & Tea in English-302
3:00 Latvian News -G
6:00 Bingo -B

31 11:00 Singing-G
2:00 Walking Club-B
2:30 Hand Spa-G
3:00 Bingo-B
6:00 Relaxation Hour-G

