

December 2017



FRIDAY

SATURDAY

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY



1
11:00 Latvian Music Video
11:00 Christmas Tree decorating
3rd floor
1:30 Gourmet Club-B
2:00 Tree decorating 2nd floor
3:00 Happy Hour 302
3:00 Art Club/Sensory Fun-G
6:00 Bingo-302

2
10:30 - Lutheran Service
with Dean I. Gaide & Rev.
Dr. A. Gaide
2:00 Christmas decorating
with Dace-G
2:30 Balance Session-B
3:00 Fruit & Tea Cart-G

3
1:00 Coffee Cart (G)
2:30 Tree Decorating
Basement
3:00 Christmas
decorating 1st floor
nursing station

4 11:00 Aroma Therapy &
Eye Glass Cleaning (G)
2:30 Reading & Discussion
English-302
3:00 Latvian News-G
6:00 Concert- Degazon
School of Music-G

5
11:00 Singing (G)
2:30 Walking Club-B
3:00 Bingo-302
6:00 Relaxation Hour(G)

6
11:00 Morning Prayers with Dean
Kristbergs(G)
2:30 Balance Session-B
3:00 Ladies Afternoon Tea-G
3:00 Reading & Tea (302)
6:00 Fruit & Tea Cart (G)

7 10:30 Outing to LCCC
11:00 Music Therapy (G)
2:00 Hand Spa-G
3:00 Coffee Hour (G)
6:00 Bingo-302

8 11:00 Singing-G
1:30 Gourmet Club (G)
3:00 Happy Hour 302
3:00 Art Club/Sensory
Fun-G

9
11:00 Sarah's Hour-G
2:00 Christmas Card
Making-G
3:00 Bingo-302

10 10:30 Lutheran
Service with Dean I.
Gaide & Rev. Dr. A.
Gaide
2:00 Liqueur Tasting (G)
3:00 Hand Spa-G

11 11:00 Aroma Therapy & Eye Glass
Cleaning-G
1:30 Men's Golden Hour-B
1:30 Mudite's Cookbook Project-B
2:30 Reading & Tea in English-302
3:00 Latvian News-G
6:00 Social-G

12 11:00 Singing (G)
2:00 Walking Club-B
2:30 Hand Spa (B)
3:00 Bingo -302
6:00 Relaxation Hour

13 11:00 Morning Prayers
with Dean Kristbergs
2:30 Balance Session-B
3:00 Ladies Afternoon Tea-G
3:00 Reading & Tea 302
6:00 Fruit & Tea Cart (G)

14 10:30 Outing to LCCC
11:00 Music Therapy-G
2:30 Hand Spa-G
3:00 Coffee Hour (G)
6:00 Bingo-302

15 11:00 Jennifer's Hour (G)
1:30 Gourmet Club (B)
3:00 Happy Hour 302
3:00 Art Club/Sensory Fun-G
6:00 Bingo-302

16 11:00 Coffee Cart & Art
Club-G
2:30 Balance Session-B
3:00 Bingo-302
6:00 Christmas Cheer-G

17 10:30 Lutheran
Service with Dean I.
Gaide & rev. Dr. A. Gaide
2:00 Hand Spa-G
3:00 Sensory Fun-G
3:00 Bingo-302

18 11:00 Aroma Therapy & Eye
Glass Cleaning (G)
2:30 Reading & Discussion in
English (302)
3:00 Latvian News (G)
6:00 Social-G

19 11:00 Singing-G
2:00 Christmas card
making-G
2:30 Walking Club-B
3:00 Bingo-302
6:00 Relaxation Hour-G

20 11:00 Morning Prayers(G)
Dean Kristbergs
2:30 Balance Session-B
3:00 Sensory Fun-G
3:00 Reading & Tea-302
6:00 Fruit & Tea Cart (G)

21 10:30 Outing to LCCC
11:00 Music Therapy-G
2:00 Hand Spa-G
3:00 Chat with Alda(G)
6:00 Bingo -302

22 11:00 Birthday Celebration (G)
1:30 Gourmet Club (G)
3:00 Happy Hour 302
3:00 Art Club/ Sensory Fun-G
6:00 Bingo - 302

23 11:00 Christmas Sing a
long-G
2:00 Balance Session-B
3:00 Fruit & Tea Cart-G
3:00 Bingo -302

24
11:00 Christmas Music (G)
2:00 Staff Christmas Sing Along
3:00 Merry Christmastime
Hot cider and cookies (G)
6:00 Movie - White Christmas

25 Christmas Day
10:30 Lutheran Service with
Dean I. Kuplena-Ewart
3:00 Christmas Afternoon
Tea-G
6:00 Christmas with Andre
Rieu-G

26
11:00 Singing (G)
2:30 Walking Club-B
3:00 Bingo-302
6:00 Relaxation Hour
(G)

27
11:00 Morning Prayers with
Dean Kristbergs-G
1:30 Kitchen chores-B
3:00 Art Club/Sensory Fun-G
3:00 Reading & Tea -302
6:00 Fruit & Tea Cart-G

28 11:00 Sarah's Hour-G
12:00 Christmas Lunch
with family & friends-B
3:00 Coffee Hour-G
6:00 Bingo-302

29 11:00 Jennifer's Hour-G
1:30 Gourmet Club-B
3:00 Happy Hour -302
3:00 Art Club/Sensory
Fun-G
6:00 Bingo-302

30
11:00 Coffee Cart & Art
Club-G
2:00 Balance Session-B
2:30 Hand Spa-G
3:00 - Fruit & Tea Cart-G

31
11:00 Piano Music-G
3:00 New Year's Eve
Social-G
5:00 New Years
celebration with Latvia
-Dining Room
6:00 New Year's Eve with



***ROM
Activities:(G)
Sunday to
Friday 9:15
a.m. & 2:00 p.m.**

**Tuck Shop
Tuesdays
11:30 - 12:00**

**Quiet Room
Daily-G
1:30 p.m.**

***Exercises:(B)
Monday to
Saturday 10:00**

**Movie (G)1:00
Daily**

