

January 2018

Happy New Year!

SUNDAY

Quiet Room - G Daily 1:30
Movie 1:00 (G) Daily

MONDAY

*Tuck Shop (G)
Tuesday
11:30- 12:00

TUESDAY

*ROM Activities:(G)
Sunday - Friday 9:15 a.m
& 2:00

WEDNESDAY

*Exercises:(G)
Monday to Saturday
10:00 a.m.

THURSDAY

FRIDAY

SATURDAY



1

New Years Day
11:00 Coffee Cart with
Baileys-G
2:30 Afternoon Tea-302
3:00 Latvian News-G
6:00 Social - G

2

11:00 Singing-G
1:30 Walking Club-B
3:00 Bingo-302
6:00 Relaxation
Hour-G

3

11:00 Morning Prayers
with Dean Kristberg
2:00 Sensory Fun-G
3:00 Reading & Tea-G
6:00 Fruit & Tea Cart-G

4

11:00 Music Therapy-G
2:00 Hand Spa-G
2:30 Sensory Fun-G
3:00 Coffee Hour-302
6:00 Bingo - 302

5

11:00 Singing-G
2:00 Gourmet Club-B
3:00 Happy Hour-G
6:00 Bingo-302

6

11:00 Coffee Cart & Art
Club-G
2:00 Balance Session-B
3:00 Afternoon Tea -G

7

10:30 Lutheran
Service with Dean I.
Gaide & Rev. Dr. A.
Gaide
3:00 Sensory Fun-G
3:00 Social-302

8

11:00 Aroma Therapy &
Eye Glass Cleaning-G
2:30 Reading & Tea in
English-302
3:00 Latvian News-G
6:00 Bingo -302

9

11:00 Singing-G
1:30 Resident Council
Meeting-G
3:00 Walking Club-B
3:00 Bingo-302
6:00 Relaxation Hour -G

10 10:00 Morning Prayer-G
Dean Kristbergs

2:30 Balance
Session-B
3:00 Afternoon Tea-G
3:00 Reading&Tea-302
6:00 Tea & Fruit Cart -G

11

10:45 Outing - LCCC
11:00 Music
Therapy-G
2:00 Hand Spa -G
3:00 Coffee Hour-G
6:00 Bingo-302

12

11:00 Music
Video-G
1:30 Gourmet Club-B
3:00 Happy Hour
-302
6:00 Bingo - 302

13

10:30 Lutheran Service
with Dean I.
Kuplena-Ewart-G
2:00 Toronto Latvian
religious congregation
visit-G
3:00 Fruit & Tea Cart-G

14

10:30 Coffee Cart & Art
Club-G
3:00 Sensory Fun - G
3:00 Social-302

15

11:00 Aroma Therapy &
Eye Glass Cleaning-G
1:30 Men's Golden
Hour-B
2:30 Reading & Tea in
English - G
3:00 Latvian News- G
6:00 Bingo - 302

16

11:00 Singing-G
2:00 Hand Spa-G
3:00 Walking Club-B
3:00 Bingo-302
6:00 Relaxation Hour-G

17

11:00 Piano Music - G
2:00 Dzivais Vards ar
Intu Purvu-G
3:00 Reading &
Tea-302
6:00 Fruit & Tea Cart-G

18

10:30 Outing LCCC
11:00 Music
Therapy-G
2:00 Hand Spa - G
3:00 Chat with Inese-
G
6:00 Bingo-302

19

11:00 Singing-G
1:30 Gourmet Club-B
3:00 Happy Hour
-302
6:00 Bingo - 302

20

11:00 Coffee Cart & Ar
Club-G
2:00 Balance
Session-B
3:00 Afternoon Tea-G

21

10:30 Lutheran Service
with Dean I. Gaide & Rev.
Dr. A. Gaide
1:00 Orange Tasting- G
3:00 Bingo-302

22

11:00 Aroma Therapy &
Eye Glass Cleaning-G
2:30 Reading & Tea in
English-B
3:00 Latvian News-G
6:00 Social-G

23

11:00 Singing-G
2:30 Walking Club-B
3:00 Sensory Fun-G
3:00 Bingo - 302
6:00 Relaxation Hour-G

24

11:00 Piano Music- G
2:00 Sensory Fun-G
3:00 Reading & Tea
-302
6:00 Fruit & Tea Cart - G

25

10:30 Outing LCCC
11:00 Birthday
Celebration-G
2:00 Hand Spa - G
3:00 Coffee Hour-G
6:00 Bingo-302

26

11:00 Music
Therapy-G
1:30 Gourmet Club-B
3:00 Happy Hour-G
6:00 Bingo - 302

27

11:00 Coffee
Cart & Art
Club-G
2:00 Balance
Session-B
3:00 Fruit &
Tea Cart - G

28

10:30 Lutheran Service
with Rev. Dr. A. Gaide &
M. Rundans
3:00 December &
January Birthday
Celebration with family
& friends-B

29

11:00 Aroma Therapy
& Eye Glass Cleaning-G
2:30 Reading & Tea in
English-B
3:00 Latvian News-G
6:00 Social-G

30

11:00 Singing -G
3:00 Walking Club-B
3:00 Bingo-302
6:00 Relaxation
Hour-G

31

11:00 Piano Music-G
2:30 Balance Session-B
3:00 Art Club& Sensory
Fun-G-3:00 Reading &
Tea-302
6:00 Fruit & Tea cart-G

